

Full Circle Neuropsychiatric Wellness Center

The Full Circle Spotlight

Enhancing YOUR Health Through Neuropsychiatric
Evaluation and Individualized Dynamic Care



**Colleen A.
Blanchfield, M.D.**

Full Circle Neuropsychiatric Wellness Center is dedicated to empowering individuals to move from surviving to thriving through a continuum of care, treating their minds, bodies and spirits.

Our Vision: To be an innovative leader in Northern Virginia, providing exceptional service through an integrative approach to eastern and western medicine offering hope and empowering patients to take charge of their health and affect a positive change in their lives.

Dr. Blanchfield is fortunate to work with a staff of passionate mind-body practitioners who share a common vision of wellness. Their input and collaboration are essential to comprehensive patient care.



Neuropsychiatric Evaluation

Dr. Blanchfield treats patients from fifteen years of age and older. She provides an expert clinical assessment for psychiatric and neurological problems. Typically, her patients have a combination of both. She is happy to coordinate care with other physicians.

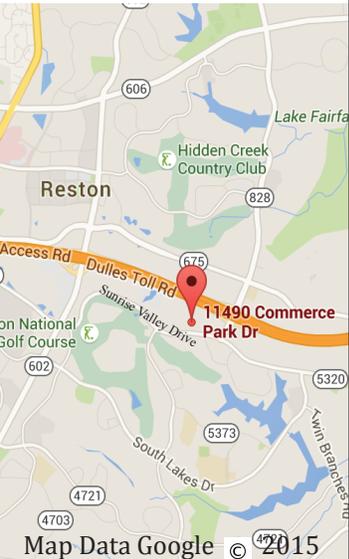
Enhancing Wellness for Patients Experiencing:

ADD/ADHD, Addiction, Anxiety Disorders, Adjustment Disorder, Bipolar Disorder, Depression, Dementia, Dissociative Identity Disorder, Migraine, Mood Disorder, Movement Disorders, Neuropsychiatric aspects of Lyme Disease, Obsessive Compulsive Disorder, Panic Disorder, Pain, Postconcussional Syndrome, Post Traumatic Stress Disorder, Schizophrenia Spectrum Disorders, Seizure, Sexual Dysfunction, Sleep Disorders, and Traumatic Brain Injuries.

Medication Management

Dr. Blanchfield treats neuropsychiatric illness in the traditional western methods of medication combined with various therapies. Dr. Blanchfield and the Full Circle staff continue to study psychopharmacology and remain current in new drugs and technologies available today. In addition, she incorporates nutrition, exercise, and regulating stress through mind-body skills.

“Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.”
-World Health Organization



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Colleen A. Blanchfield, M.D.

Dr. Colleen Blanchfield is a physician with a lifelong interest in mind-body medicine. She has broad training in the traditional Western medicine fields of neurology and psychiatry as well as in the Eastern medicine field of acupuncture. In her practice, Dr. Blanchfield evaluates patients suffering from neuropsychiatric illnesses such as anxiety, mood disorders, depression, seizures, migraines, chronic pain syndromes, traumatic brain neurochemistry and genetics to bring patients back to healthy states and promote wellness. Treatment provided is comprehensive, with a strong emphasis on neuropsychopharmacology.

Dr. Blanchfield enjoys teaching. She is devoted to sharing her knowledge and understanding of the brain. She believes patients are helped in part by improving their understanding of the relationship between neurochemistry and behavior in their own lives. Dr. Blanchfield remains committed to ongoing study; she consistently incorporates recent strides in neuroscience into clinical practice. She is a member of the American Neuropsychiatric Association (ANPA) and participates regularly in their conferences. She has been a frequent lecturer for the Life with Cancer program and is a member of the volunteer clinical faculty at Georgetown University Medical School.

Dr. Blanchfield is the mother of two sons and is married to a magical physician.

Call 703.481.9111 to schedule an appointment with Dr. Blanchfield.

Other treatments by Dr. Blanchfield:

Acupuncture

- ~ Dr. Blanchfield uses acupuncture as adjunct treatment for many illnesses. Acupuncture has been practiced in China for over two thousand years. The treatment involves inserting thin, sterilized stainless-steel needles into specific points on the body. These points are located close to the surface and have been used to stimulate various biochemical and physiological responses in the brain and body. The treatment is virtually painless and is extremely safe.

Specialized Testing, including:

- ~ Dr. Blanchfield is able to offer the most comprehensive neuropsychiatric pharmacogenomic test available. The GeneSight test analyzes a patient's genes and gives healthcare providers information to help them select the medicine(s) that are more likely to work for an individual patient. GeneSight provides answers that can lead to a personalized treatment plan and faster response and remission for patients.
- ~ Dr. Blanchfield is able to offer a Computerized Neurocognitive Assessment. The CNS Vital Signs software provides a computerized neuropsychological tests to evaluate the neurocognitive status of patients and covers a range of mental processes from simple motor performance, attention, memory, to executive functions.

